

21 Bible Verses For Finding Comfort And Hope When It Feels Like God Is Allowing You To Suffer

God can seem far away in the middle of a crisis or trauma. It can be difficult to remember that He is near and cares about your heartbreak. Here are a few verses that you can read to soak in truth about where God is during this time in your life...

God Is With You

- ❖ “So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.” – Isaiah 41:10
- ❖ “I will not leave you as orphans; I will come to you.” – John 14:18
- ❖ “Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me.” – Psalm 23:4
- ❖ “Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go.” – Joshua 1:9
- ❖ “When you pass through the waters, I will be with you; and when you go through the rivers, they will not overwhelm you. When you walk through the fire, you will not be scorched, and the flames will not set you ablaze.” – Isaiah 43:2
- ❖ God has said, “Never will I leave you; never will I forsake you.” – Hebrews 13:5
- ❖ “The poor and needy seek water, but there is none; their tongues are parched with thirst. I, the LORD, will answer them; I, the God of Israel, will not forsake them.” – Isaiah 41:17

God Gives You Strength

- ❖ “He gives power to the faint and increases the strength of the weak.” – Isaiah 40:29
- ❖ “The LORD gives His people strength; the LORD blesses His people with peace.” – Psalm 29:11
- ❖ “O GOD the Lord, the strength of my salvation, You shield my head in the day of battle.” – Psalm 140:7
- ❖ “I will refresh the weary and satisfy the faint.” – Jeremiah 31:25
- ❖ “Come to Me, all you who are weary and burdened, and I will give you rest.” – Matthew 11:28
- ❖ “But as for you, be strong and do not give up, for your work will be rewarded.” – 2 Chronicles 15:7
- ❖ “The LORD is the strength of His people, a stronghold of salvation for His anointed.” – Psalm 28:8

God Promises Redemption For Your Story

- ❖ “For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.” – Jeremiah 29:11
- ❖ “Those who sow with tears will reap with songs of joy.” – Psalm 126:5
- ❖ “Instead of your shame you will receive a double portion, and instead of disgrace you will rejoice in your inheritance. And so you will inherit a double portion in your land, and everlasting joy will be yours.” – Isaiah 61:7
- ❖ “Many, LORD my God, are the wonders you have done, the things you planned for us. None can compare with you; were I to speak and tell of your deeds, they would be too many to declare.” – Psalm 40:5
- ❖ “You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.” – Psalm 16:11
- ❖ “Nevertheless, I will bring health and healing to it; I will heal my people and will let them enjoy abundant peace and security.” – Jeremiah 33:6
- ❖ “He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away.” – Revelations 21:4

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